



# Delhi Gynaecologist Forum



**Diploma Course In**  
**Male & Female Infertility +**  
**A to Z of IUI + Andrology +**  
**Platelet – Rich Plasma (PRP) + Hysteroscopy**  
**A to Z of IVF-ICSI-Embryology**  
**Setting up IUI & IVF-ICSI Lab**

Head Office : 11 GAGAN VIHAR , Near Karkari Morh Flyover Delhi – 51  
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**Vision** Knowledge is power to develop state of art in Artificial Reproduction Techniques (ART) courses (IUI, IVF-ICSI-Embryology) which become a bench Mark in the world.

**Mission** of this two weeks course is to provide guidance to ordinary gynaecologists - When & how to shift From Gynaecologist to Infertility & ART Expert. Infertility is taught as only one chapter during post graduate training without any in practical skills. Most Gynaecologist go blank & have mental block when they face male infertility patients .

## 1<sup>ST</sup> WEEK

- We start from scratch to make them expert in male & Female sub – fertility , Andrology & A to Z of IUI
- We also teach them semen processing + all Sperm function test (GOI patents) + all Minor procedures used in infertility Treatment in detail in 1st week .
- A to Z of Diagnostic Hysteroscopy is taught in detail.
- TRAIN EMBRYOLOGISTS (Theory & Practical ) & how to start & manage andrology IUI & IVF lab.
- GUIDE COUNSELLORS on all aspects of infertility so they can answer all possible queries.

## 2<sup>ND</sup> WEEK

- We teach , A to Z of IVF – ICSI – cryopreservation of Gametes & expose them to all aspects of ART..
- How to start & manage andrology IUI & IVF lab it is taught in details

## DETAILED LEARNING OBJECTIVES

*After attending the course they should know & skill themselves in following areas.*

- Investigating a sub-fertile couple should be crystal clear
- Ultrasound for infertility : basic understanding as they have to do ultrasound themselves.
- Minimum genetic analysis in male female infertility
- Practical hysteroscopy & guidelines on key areas of Laparoscopy in infertility and ART
- Detailed Preconception Care & pre – IVF counselling which is internationally followed.
- Medical & Surgical Management Of Male Infertility : practical tips
- Management of pelvic infections and pathologies : practical tips
- Managing endometriosis : in infertility
- Which fibroids need your attention prior to infertility treatment
- IUI PROTOCOLS
- Polycystic ovarian syndrome and infertility management : made easy
- Unexplained infertility : made easy
- A to Z of how to set up IUI lab, Andrology Lab
- A to Z of intrauterine insemination (procedure / semen preparation for IUI / tips to improve result in IUI).
- A to Z of IVF /ICSI procedure & protocols (Focus Area)

- Long term safety & IVF - ICSI
- Management of poor ovarian responders
- Advances in infertility in last decade & what are future areas in ART?
- Recurrent implantation failure & guidelines (2021)
- Third party reproduction (According to Indian Law of land)
- Fertility preservation in cancer patients
- Ethical issues in assisted reproductive technologies
- Medico legal issues (ICMR , INDIA)

## How this course have been developed by masters in DGF

Extensive deliberations, discussion and brainstorming was done between different reproductive medicine (RM) specialists to develop the course & DGF recommendations. In 2021 whole material is updated by reviewing the literature published till December 2020 using pubmed and Cochrane collaboration library . International guidelines available in the literature . India is data whatever available was also reviewed . Each topic was brainstormed on by group of reproductive medicine by Experts Dr Sharda Jain , Dr brig RK Sharma , Dr. Jyoti Agarwal , Dr Sushma ved, Mr Sehgal & Invited faculty .

**COURSE WHICH WAS TOTAL 15 DAYS PHYSICAL COURSE IS NOW CHANGED TO TOTAL ONLINE COURSE IN 2021**

## KEY AREA COVERED

BASIC infertility , investigation , IUI, IVF , ICSI : protocol / procedures ,Ultrasound, genetics, unexplained infertility, poor responders management, endocrinopathies, ovulatory disorders , polycystic ovarian disease, recurrent implantation failure , fertility preservation , third party reproduction, safety, ethical issues in ART. As 80% of our students are Indian due consideration of facilities , options available, cost, lack of insurance coverage for patients, is taken into consideration without compromising the result in ART

Practical Live videos of lectures , Live Videos of smallest infertility procedures , lab investigations used in ART / HYSTEROSCOPY /IUI/IVF-ICSI , cryopreservation of gametes in our biggest USP of course matching International Standard.

Over 350 Doctors from Indian , Afganistan, Bangladesh , Nepal, Dubai, Nigeria & other parts of Africa have been trained by us. Over 60 have started their IVF centres as **know how & hand holding** by our experts has been outstanding



## Course Faculty



**Dr Sharda Jain**  
Sec General DGF &  
Course Coordinator



**Dr Brig RK Sharma**  
Chairman of Infertility -IVF  
Committee of DGF

## Course Co-Cordinators



**Dr Jyoti Agarwal**  
Course Co-Cordinator



**Dr Sushma Ved**  
Chief Embryologist



**Mr. Rajnish Sehgal**  
Course Co-Cordinator



**Dr Rashmi Jain**  
Junior Embryologist



**Dr Indu Tyagi**  
Counsellor

## Guest Faculty



**Dr Yogesh Agarwal**



**Dr Shivani Sachdeva**



**Dr Sunita Arora**



**Dr Aruna Saxena**



**Dr Jyoti Malik**



**Dr B.V.S Kashyap**



## DAY WISE COURSE HIGHLIGHTS

### 1<sup>ST</sup> WEEK TRAINING OF BASIC IN FEMALE , MALE INFERTILITY, ANDROLOGY, A TO Z OF IUI, PRP TRAINING

Day	Topic (Morning 7:30 – 9:30am)	Topic (Evening 8:00 – 9:30pm)
1 <sup>st</sup> Mon	<p><u>DR SHARDA JAIN</u></p> <ol style="list-style-type: none"> <li>1. Introduction</li> <li>2. Interpretation of recommendation what doctor should know</li> <li>3. Infertility workup of male &amp; female (2024)</li> <li>4. 2023 : Indian Guideline to manage Male Infertility</li> <li>5. Patients Factor Effecting fertility Outcome</li> <li>6. Female Factor effecting fertility outcome</li> <li>7. Male Infertility Investigation</li> </ol>	<p><u>DR SHARDA JAIN</u></p> <ol style="list-style-type: none"> <li>8. Andrology Made Simple</li> <li>9. Sperm Function Test outlined</li> <li>10. DNA Fragmentation Index</li> </ol>
2 <sup>nd</sup> Tue	<p><u>DR JYOTI AGARWAL</u></p> <ol style="list-style-type: none"> <li>1. NICE guidelines in Infertility / ESRE Guideline 2022</li> <li>2. Ovulation Induction protocols in IUI</li> <li>3. Ultrasound in infertility</li> <li>4. Monitoring of IUI cycle / USG in infertility</li> <li>5. Luteal phase support in IUI</li> <li>6. SIS &amp; Sonosalpingography</li> <li>7. Thin Endometrium</li> <li>8. Latrozole Update</li> </ol>	<p><u>DR SHARDA JAIN</u></p> <ol style="list-style-type: none"> <li>1. Smoking Effecting Fertility outcome</li> <li>2. Alcohol effecting fertility outcome</li> <li>3. HIV &amp; ART</li> <li>4. Public Factor</li> <li>5. Thin Endometrium</li> </ol>
3 <sup>rd</sup> Wed	<p><u>DR SHARDA JAIN</u></p> <ol style="list-style-type: none"> <li>1. TB in Infertility</li> <li>2. PID update (2021)</li> <li>3. PCOD Made Easy in Infertility</li> <li>4. Fibroid in infertility update 2021</li> <li>5. Endometriosis in Infertility Update 2021</li> </ol>	<p><u>DR SHARDA JAIN</u></p> <ol style="list-style-type: none"> <li>6. Azoospermia Part I &amp; II</li> </ol>
4 <sup>th</sup> Thurs.	<p><u>DR SHARDA JAIN</u></p> <p><u>A to Z of IUI &amp; Trouble shooting in IUI</u></p> <ol style="list-style-type: none"> <li>1. Overview of IUI</li> <li>2. Ten Tips of IUI Success</li> <li>3. IUI (Poorva )</li> </ol>	<p><u>DR SHARDA JAIN</u></p> <ol style="list-style-type: none"> <li>4. Update (2024) what every gynecologist should know about IUI &amp; its indication ie PCOD.</li> <li>5. IUI Procedure + Consumables &amp; How to set up IUI lab (Video)</li> </ol>
5 <sup>th</sup> Friday	<p><u>DR SHARDA JAIN</u></p> <p><u>Fertility enhancing Surgery</u></p> <ol style="list-style-type: none"> <li>1. <i>Laparoscopy + Laparoscopic II</i></li> <li>2. <i>Hysteroscopy : Made Simple</i></li> <li>3. <i>Practical Hysteroscopy Session</i></li> </ol>	<p><u>DR SHARDA JAIN</u></p> <p><u>TROUBLE SHOOTING IN MALE INFERTILITY</u></p> <ol style="list-style-type: none"> <li>1. Male Infertility Guideline 2023</li> <li>2. OATs</li> <li>3. <i>Advanced Paternal Age &amp; Infertility</i></li> </ol>

6th	<p><b>DR SHARDA JAIN</b></p> <ol style="list-style-type: none"> <li>1. <i>New ART Law</i></li> <li>2. <i>Surrogacy update 2021</i></li> <li>3. <i>Setting up of IUI Lab</i></li> <li>4. <i>Complete Medico Legal aspect of ART</i></li> <li>5. <i>Ethical Issue Update 2021</i></li> <li>6. <i>Long term Safety of ART</i></li> <li>7. <b>GENETICS IN MALE &amp; FEMALE Infertility</b></li> </ol>	<ol style="list-style-type: none"> <li>8. <i>OATs</i></li> <li>9. <i>Hepatitis – B</i></li> </ol>	
7th Sat.	<p><b><u>MR. RAJNISH SEHGAL (11:00 to 01:00pm )</u></b> <b><u>Director in Cryocell India VT LTD &amp; Infer Tech</u></b></p> <p><b><u>Live Cases, Demonstration &amp; HAND ON +++</u></b></p> <ol style="list-style-type: none"> <li>1 <i>SEMENOLOGY COMPLETE (WHO 2010)</i></li> <li>2 <i>IUI PROCESSING OF ( Three Techniques)</i></li> <li>3 <i>SPERM FUNCTION TEST (All )</i></li> <li>4 <i>DNA FRAGMENTATION (TEST 2 Methods)</i></li> <li>4. <i>PRP</i></li> </ol>	<p><b><u>DR SHARDA JAIN &amp; MR PAWAN</u></b> <b><u>What you should be able to do yours self</u></b></p> <ol style="list-style-type: none"> <li>1. <i>EB / Scratching</i></li> <li>2. <i>Hysteroscopy Diagnostic, Assembling of Instrument procedure, Video &amp; case Discussion</i></li> <li>3. <i>Semen Processing in IUI (Video Hand on)</i></li> <li>4. <i>DNA Fragmentation Test (Video Hand on)</i></li> <li>5. <i>Sperm Freezing (Video Hand on)</i></li> <li>6. <i>All Sperm Function Test (Revision)</i></li> </ol>	
<b><u>2ND WEEK TRAINING OF DIPLOMA COURSE IVF-ICSI-EMBRYOLOGY</u></b>			
<b>Day</b>	<b>Topic (Morning 7:30 – 9:30am)</b>	<b>Topic (Evening 8:00-9:30pm)</b>	
8th Mon	<p><b><u>DR SHARDA JAIN</u></b></p> <ol style="list-style-type: none"> <li>1. <i>PRE IVF-Counselling</i></li> <li>2. <i>Check List of Pre IVF (Evaluation Male&amp; Female)</i></li> <li>3. <i>BREAKING BAD NEWS</i></li> <li>4. <i>Genetics in male &amp; Female infertility</i></li> </ol>	<ol style="list-style-type: none"> <li>5. <i>BLUE PRINT of IVF –ICSI &amp; GUIDELINES 2021</i></li> <li>6. <i>When &amp; how to shift From Gynaecologist to ART</i></li> <li>7. <i>Tender Love &amp; Care IN IVF &amp; REC. ABORTION</i></li> <li>8. <i>UNLOCKING IVF In COVID TIME</i></li> </ol>	
9th Tue	<p><b><u>DR JYOTI AGARWAL</u></b></p> <ol style="list-style-type: none"> <li>1. <i>PROTOCOLS IN IVF ( LONG / SHORT / DONOR /FET PROTOCOLS )</i></li> <li>2. <i>OPU LECTURE</i></li> <li>3. <i>OPU CHECK LIST</i></li> <li>4. <i>THIN ENDOMETRIUM (Revision )</i></li> <li>5. <i>ERA (Video + PPT)</i></li> </ol>	<p><b><u>DR SHARDA JAIN</u></b></p> <ol style="list-style-type: none"> <li>1. <i>Revision of protocols</i></li> <li>2. <i>Batch Making protocols &amp; Calculation</i></li> <li>3. <i>Ovarian Reserve Test</i></li> <li>4. <i>Luteal Phase Defect</i></li> <li>5. <i>ET &amp; OPU VIDEO</i></li> <li>6. <i>Third party reproduction</i></li> </ol>	
10th Wed	<p><b><u>DR SUSHMA VED (8:00– 9:30AM)</u></b></p> <ol style="list-style-type: none"> <li>1. <i>MEDIA AND DISPOSABLES</i></li> <li>2. <i>Oocyte Handling IVF ICSI Cryopreservation Vitrification</i></li> <li>3. <i>Virtual Virtual Visit in IVF LAB +</i></li> <li>4. <i>Know Your IVF EQUIPMENT + Media + Consumables + drugs</i></li> <li>5. <i>A to Z of embryology in IVF (Live or Video) + embryologist</i></li> </ol>	<p><b><u>DR SHARDA JAIN</u></b></p> <ol style="list-style-type: none"> <li>1. <i>OHSS Free Clinic</i></li> <li>2. <i>OHSS Protocols 2021</i></li> <li>3. <i>Laparoscopic Ovarian Drilling</i></li> <li>4. <i>PGD / ERA / HLA</i></li> </ol>	
11th Thurs	<p><b><u>DR. SHIVANI GOUR</u></b></p> <ol style="list-style-type: none"> <li>1. <i>Third Party Reproduction</i></li> <li>2. <i>Recent advances. In ART in last decade</i></li> <li>3. <i>Fertility Preservation</i></li> <li>4. <i>Trigger</i></li> </ol>	<p><b><u>DR SHARDA JAIN</u></b></p> <ol style="list-style-type: none"> <li>5. <i>Recurrent implantation Failure (Overview)</i></li> <li>6. <i>Poor Ovarian Reserve &amp; Management</i></li> <li>7. <i>Fertility Preservation in cancer patients</i></li> </ol> <p><b><u>Dr Aruna Saxena</u></b></p> <ol style="list-style-type: none"> <li>8. <i>Semen / Embryology / IVF /sperm freezing</i></li> </ol>	

12 <sup>th</sup> Fri.	<u>DR RK SHARMA</u> 1. Fresh V/S Frozen Embryo Transfer 2. ANTIOXIDENT in male Infertility 3. Antioxidants in Female Infertility	<u>DR SHARDA JAIN</u> 1. Fresh & Frozen Embryo Transfer 2. SURGICAL Management in male Infertility 3. Medical management in Male infertility	
13 <sup>th</sup> Sat	<u>DR SHARDA JAIN</u> 1. Ovarian REJUVINATION 2. POOR OVARIAN RESEVE WHAT IS NEW  OR TISSUE TRANSPLANT 3. UTERUS TRANSPLANT 4. Egg Freezing	<u>DR SUNITA ARORA</u> 1. PGD & PGS 2. USP OF BLOOM IVF (Delhi)  <u>DR JYOTI MALIK</u> 1. USE OF <b>PRP</b> IN MALE & FEMALE INFERTILITY  <u>MR. KASHYAP</u> 1 How to setup IVF Lab	
14 <sup>th</sup> Sun	<u>DR SHARDA JAIN</u> 1. Case Discussion (30 cases) 2. Test Your Knowledge & Self-Assessment Score	3. <b>FEEDBACK LIVE &amp; WRITTEN</b> 4. Two Certificate distribution • Certificate course in Embryology • Diploma Course in IVF-ICSI	

**NOTE** : Practical Live Videos + Hands on + + + is our biggest USP  
If you will not able to come in person Live videos will compensate  
you can come any time for hands on in groups just inform us 7 days prior whenever  
you wish to be in Delhi

We Can arrange for OVUM PICKUP / Embryo Transfer Dummy for Training of 8 hours  
Group of 5 (Rs. 20000 Extra Charges for a minimum group of five) ,  
Group of 10 (Rs. 10000/-) Extra Charges

<p><b><u>Duration:</u></b> 2 weeks <b><u>Time:</u></b> 7:30-9:30am (Morning) 8:00-9:00pm (Night) <b><u>Fee:</u></b> one lakh only (Same for all Indian &amp; foreigners)</p>	<p><b>Program Director :</b> <b>Dr Sharda Jain</b> <b>Secretary General of DGF</b> <b>M : 9650511339,</b> <b>Whatsapp Same Number</b></p>
<p><b>All Courses Material will be provided same day</b> <b><u>Bank Detail</u></b></p> <ul style="list-style-type: none"> <li>• NEFT – A/C NO- 0464040100000643,</li> <li>• BRANCH NAME – J &amp; K BANK VIKAS MARG</li> <li>• DELHI RTGS/NEFT IFSC CODE : JAKA0VIKAAS</li> <li>• Pan No is : AAAAD4306R</li> </ul>	<p><b>DGF Course In charge +</b> <b>Administrative Officer</b> <b>Ms Malti 8826638849</b> <b>Whatsapp same No.</b> <b>delhi.gynae2001@gmail.com</b></p>





Delhi  
Gynaecologist  
Forum

# LifeCare

Centre



**Dr Sharda Jain**  
Sec General DGF &  
Course Coordinator



**Dr Sharda Jain**



**Dr Jyoti Agarwal**  
Course Co-Cordinator



**Dr Yogesh Agarwal**



**Dr Rashmi Jain**  
Junior Embryologist



**Dr Indu Tyagi**  
Counsellor



# LifeCare

...Caring heart healing Centre

11 GAGAN VIHAR, Near Karkari Morh Flyover Delhi 51

DELHI GOVT APPROVED CENTRE  
Reg. No DGHS/NH/1474



Dr. Sharda Jain



Dr. Sudhir Jain



Dr. Jyoti Agarwal



Dr. Yogesh Agarwal



Dr. Rashmi Jain



Dr. Indu Tyagi



Dr. Rajesh Dhall



Dr. Deepika Kohli



# DGF Training Programme Calendar 2026

## Diploma course in Infertility-IUI IVF\_ICSI & Embryology

60 <sup>th</sup> Batch	16th feb - 1st March.
61 <sup>st</sup> Batch	27th April - 10 <sup>th</sup> May
62 <sup>nd</sup> Batch	7th Sept - 2th sept
63 <sup>rd</sup> Batch	23rd nov - 6th Dec
64 <sup>th</sup> Batch	28th Dec - 10th Jan

## CRITICAL CARE COURSE In OBSTETRICS (CCC-OBST) Twice in a Week Sat. Sun.

ORGANISED BY DELHI GYNAE FORUM .

19th Batch	28th March 2026
20th Batch	4th July 2026
21st Batch	19th Sept 2026
22nd Batch	5th Dec 2026

## A-Z OF **Advance COLPOSCOPY & Cervical Cancer Prevention** Mission :- Cervical Cancer Mukht Bharat

140 <sup>th</sup> Batch	Jan: 31st - 1 <sup>st</sup> feb	146 <sup>th</sup> Batch	FEB : 21 <sup>st</sup> - 22 <sup>nd</sup>
141 <sup>st</sup> Batch	Mar: 14th - 15 <sup>th</sup>	147 <sup>th</sup> Batch	Apr : 18th - 19 <sup>th</sup>
142 <sup>nd</sup> Batch	May :16th - 17 <sup>th</sup>	148 <sup>th</sup> Batch	June :20th - 21 <sup>st</sup>
143 <sup>rd</sup> Batch	July 18 <sup>th</sup> - 19 <sup>th</sup>	149 <sup>th</sup> Batch	Aug 15 <sup>th</sup> - 16 <sup>th</sup>
144 <sup>th</sup> Batch	Sept - 19 <sup>th</sup> - 20 <sup>th</sup>	150 <sup>th</sup> Batch	Oct - 10 <sup>th</sup> - 11 <sup>th</sup>
145 <sup>th</sup> Batch	Nov 18 <sup>th</sup> - 19 <sup>th</sup>	151 <sup>st</sup> Batch	Dec 19 <sup>th</sup> - 20 <sup>th</sup>

## Comprehensive Ultrasound Refresher Course in \*TRANSVAGINAL SONOGRAPHY \

\*GYNAE \*INFERTILITY

51st Batch	1 <sup>st</sup> - 10 <sup>th</sup> Feb 2026
52nd Batch	1st to 10th March 2026
53rd Batch	1st to 10th may 2026
54th Batch	1st to 10th July 2026
55th Batch	1st to 10th oct 2026
56th Batch	1st to 10th Dec 2026

For Detail Brochure Contact

**8826638849 (Malti)**